◈ Risk Management Center

Training Catalog

June 2022

KPA

Training from KPA: The Trusted Choice for Your Business

Online

KPA's online courses make it easier for employees to get the training they need to improve on the job performance, ensure regulatory compliance, and reduce costly liabilities for your business.

Interactive and Engaging

Utilizing real-world stories, thought-provoking scenarios, and engaging interactivity, our trainings are developed in accordance with instructional design best practices to drive results.

Award Winning

Our professional content developers work to deliver training that exceeds industry standards in terms of effectiveness, efficiency, and overall quality.

Training Detail Key

 Available Online

 Available Safety Video

EN **Available in English**

SP **Available in Spanish**

KPA's compliance courses are intended to satisfy regulatory requirements, where applicable. However, requirements may vary based on state, industry, and work performed. Additionally, this catalog includes all trainings offered by KPA; availability of specific trainings will vary by product. Contact KPA for help determining your business's specific training needs and what products are right for you.

Contents

Environment, Health and Safety

Aboveground Storage Tanks

This general awareness training for both employees and managers covers safety practices for aboveground storage tanks. It includes information on regulations, management responsibilities, inspections, handling leaks, and filling tanks safely.

EN — Online (15-20 min)

AC 609: Working with MVAC Systems

This EPA-certified training provides a general overview of AC 609 MVAC systems, including environmental effects and other hazards. It includes information on recovering, recycling, and recharging pure refrigerant as well as information on R-1234yf.

EN — Online (20-30 min)

Aerial Lifts and Elevated Platform Safety

This training provides knowledge on aerial lifts and platform safety, including types of aerial lifts, common hazards and preventative controls, inspections, and operation best practices.

EN SP — Online (30 min)

Aggressive Driving for CMV Drivers

This training addresses the dangers of aggressive driving and how drivers can keep themselves safe from this common hazard. It includes a definition of aggressive driving and strategies for handling aggressive drivers and staying calm. (CMV Series)

EN — Online (5-10 min)

Alcohol in the Workplace (FMCSA-Compliant)

This FMCSA-compliant training covers regulations on alcohol abuse in the workplace for CMV managers and drivers. It includes signs and symptoms of alcohol abuse, making a reasonable suspicion determination, and testing procedures. (49 CFR §382.603)

EN — Online (60 min)

Back Injury Prevention (General Industry)

This training will go over proper lifting techniques that will help employees avoid injury. It also covers back anatomy basics and best practices for safer lifts.

EN SP — Online (10-15 min)

Basic First Aid Awareness

This training covers basic first-responder techniques to keep people safe and alive until EMS arrives. It includes information on many different emergencies, such as heart attack, choking, burns, and appropriate responses, including CPR.

EN SP — Online (10-15 min)

Battery Charging and Jump Starting

This training discusses guidelines for safely charging batteries and jump starting vehicles. It includes information on hazards, correct procedures, required PPE, and storage and handling practices.

EN — Online (5-10 min)

Bloodborne Pathogens

This training covers protection against common types of bloodborne pathogens, situations where pathogens pose a hazard, and protection. Other course topics include personal protective equipment (PPE), the Hepatitis B vaccine, and incident response.

EN SP — Online (50-60 min)

Bloodborne Pathogens – General Awareness

This employee training gives a general overview of the common types of bloodborne pathogens and how you can protect yourself in the workplace. Topics include routes of entry, universal precautions, and best practices for minimizing exposure.

EN SP — Online (5-10 min)

California Hazardous Waste Management

This training covers Federal EPA and California regulations for hazardous waste management. It includes determination, storage, labeling, inspection, accumulation limits, pickup, and generator status.

EN SP — Online (20-30 min)

Cargo Securement for CMV Drivers

This training discusses the specifics of the North American Cargo Securement Standard and guides CMV operators through requirements for securing cargo, types of securement systems, and necessary inspections. (CMV Series)

EN — Online (15-20 min)

Chair Safety

This training describes the importance of chair inspections to prevent injury.

EN SP — Online (15 min)

Clean Water Act Section 404 Permits

This training goes over the process of obtaining a Section 404 permit for dredging and filling operations. It includes an overview of the different types of permits, best practices, and the intentions behind of Section 404 permits.

EN — Online (5-10 min)

Cold Stress

This short course covers what cold stress is, the symptoms of cold stress-related injuries and illnesses, appropriate treatment, and how to protect yourself from it.

EN — Online (10-15 min)

Commercial Livery Driving: Passenger Safety

This training describes vehicle preparation for commercial livery drivers. This course covers proper procedures, communicating with passengers, and dealing with difficult passengers.

EN SP — Online (30 min)

Commercial Livery Driving: Workplace Violence

This training provides commercial livery drivers with information on preventing workplace violence on the job. It discusses both preventive measures and what to do in the event of an incident.

EN SP — Online (30 min)

Compressed Gas Safety

This training discusses the safe handling of compressed gas cylinders. It includes common hazards of working with compressed gas, training and preparedness, safe practices for use and storage, safety devices, and inspection and monitoring guidelines.

EN SP — Online (30 min)

Confined Space Entry Awareness

This training covers basic confined space entry procedures and includes information on roles and responsibilities, common hazardous conditions and controls, atmospheric testing, and rescue procedures.

EN SP — Online (30-40 min)

Construction Safety: New Hire Orientation

This training gives a general overview for new employees working in the construction industry. It includes safety concepts, personal protective equipment, fall protection, electrical safety, lockout/tagout, scaffolds, ladders, aerial lifts, crane safety, mobile equipment, trenches, and excavations.

EN SP — Online (20-25 min)

Construction Safety: Lockout/Tagout

This general training is a starting point for understanding lockout/tagout. It includes lockout/tagout responsibilities, the lockout/tagout process for both affected and authorized employees, and how to safely perform lockout/tagout.

EN SP — Online (10-15 min)

Construction Safety: Noise and Hearing Protection

This training gives an overview of noise and different types of hearing protection to use on a construction site. It also includes the effects of hazardous noise, employer controls, and how to properly wear hearing protection.

EN SP — Online (10-15 min)

Construction Safety: Overview

This training gives an introductory overview of several important safety topics needed for construction workers. The topics include personal protective equipment, fall prevention, electrical safety, and struck-by or caught-between hazards.

EN SP — Online (10-15 min)

Construction Safety: Struck-By and Caught-Between Hazards

This training gives a high-level overview of struck-by and caught-between hazards found on construction sights. It includes examples and best practices for avoiding them.

EN SP — Online (10-15 min)

Crane Rigging Basic Safety

This training provides information on rigging safety, inspection, sling and rope types, steel erection rigging, hitches, equipment limits, and hand signals.

EN SP   Online
           (50-60 min)

Distracted Driving for CMV Drivers

This training covers the effect distractions have on driver attention and to stopping ability. Distractions covered include physical and environmental distractions, driver aggression, and driver impairment. (CMV Series)

EN   Online
           (30 min)

DOT Hazardous Materials Training

This training covers the requirements for transporting hazardous materials in accordance with DOT standards for general industries. It satisfies General Awareness, Safety Training, and Security Awareness Training requirements.

EN   Online
           (60-75 min)

Driver Fatigue for CMV Drivers

This training informs employees of the dangers of driver fatigue, symptoms and warning signs, natural sleep patterns, and how to manage and control fatigue. (CMV Series)

EN   Online
           (30 min)

Driver Safety for 15-Passenger Vans

This training explains the increase risks associated with 15-passenger vans. Understanding these specific risks enables drivers to keep their passengers safer and reduces the frequency of costly accidents.

EN SP   Online
           (45 min)

Driver Safety Series: Defensive Driving

This training covers safe driving habits, blind spots, following distances, driving at night, adverse weather conditions, and sharing the road.
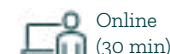
EN SP   Online
           (60-70 min)

Driver Safety Series: Distracted Driving

This training discusses common distractions and how to identify other distracted drivers on the road. It includes electronic devices, mirror adjustments, eating, aggressive driving, stress, fatigue, and drug use.

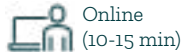EN SP   Online
           (30 min)

Driver Safety Series: Driver Preparedness

This training educates employees on vehicle inspections, safety systems, and emergency preparedness. This material aims to prepare non-commercial drivers to be prepared for any incident that may occur on the road and to reduce their overall risk.

EN SP   Online
           (30 min)

Electric Pallet Jacks

This training gives an introduction to the safe operation of electric pallet jacks. Topics include common pitfalls to avoid and best practices for inspections, loading, and operation.

EN | Online (10-15 min)

Electrical Safety Awareness

This training discusses the characteristics of electricity and how to minimize risk. It includes common electrical hazards in the workplace, electrical injuries, emergency response procedures, and OSHA's and NFPA's roles in electrical safety.

EN SP | Online (25-35 min)

Emergency Response

This training will discuss major categories of emergencies and give basic guidelines for each. Topics include facility evacuation, fire and explosion, natural disasters, chemical overexposure, spill response, and medical emergencies.

EN SP | Online (25-30 min)

Environmental Management Systems

This training guides the learner through the process of creating and implementing of an environmental management system (EMS) based on ISO 14001 guidelines. It includes best practices and the benefits of having an EMS.

EN | Online (15-20 min)

Environmental Regulations Overview

This training gives an overview of six major, commonly-encountered environmental regulations organizations. It covers best practices for compliance as well as the historical context and relevance of these regulations.

EN | Online (25-30 min)

Ergonomics Awareness

This training educates employees on work-related musculoskeletal disorders, elements of an ergonomic safety program, ergonomic stressors commonly found in the workplace, and actions to take that will minimize injuries.

EN SP | Online (45 min)

Eye and Face Protection for Management

This training provides information on providing proper eye and face protection for employees. Designed for managers, it describes how to select, inspect, maintain and store personal protective equipment (PPE), and train employees on its proper use.

EN SP | Online (30 min)

Fall Protection Awareness

This training reviews the basics of fall protection, including identifying fall hazards, when to use fall protection, and how to use personal fall arrest systems.

EN SP | Online (20-30 min)

Federal Hazard Waste Management

This general awareness training covers federal hazardous waste management. It includes what hazardous waste is and how to identify it, generator statuses, management of stored materials, proper disposal and transportation, and spill response.

EN SP — Online (15 min)

Fire Extinguisher Safety

This training goes over the PASS technique for using a fire extinguisher. It also discusses the different types of fire extinguishers, which fires are appropriate to fight, and when it's better to evacuate.

EN SP — Online (5-10 min)

Fire Prevention

This training gives an overview on fire prevention principles for employees. It includes information on common fire hazards and precautions to handle them, how to use a fire extinguisher, and what to expect from your employer's fire prevention plan.

EN SP — Online (15-20 min)

Forklift Safety

This training provides formal/classroom instruction for forklift operators. It introduces the hazards and principles of safe forklift operation, based on OSHA regulations and best practices.

EN — Online (30-40 min)

General Safety Overview for Health Care Providers

This training provides a general overview of healthcare tasks, including hazards and controls related to lifting and ergonomics, infectious diseases, chemical use, emergency preparedness, and slips, trips, and falls. (Health Care Providers)

EN — Online (15 min)

GMP: Allergen Controls

This training discusses how food processing facilities can prevent cross-contamination from food allergens by implementing proper controls. It includes the 8 major food allergens, written plan requirements, and FDA food labeling requirements.

EN — Online (20-30 min)

GMP: Facility Design for Compliance

This training describes the role of facility design in a GMP program. It includes tools to improve the design and hygiene practices in and around food processing facilities.

EN SP — Online (60 min)

GMP: Keeping it Clean

This training covers recognizing and addressing common contamination threats to food production. It includes effective hygiene practices, how to identify sources of contaminants and food safety risks, and preventing introduction of contaminants.

EN SP — Online (30 min)

GMP: Process Controls

This training describes the role of process controls in a GMP program. It includes control of raw materials, manufacturing controls, defects, equipment, utilities, and the FDA's effective measures.

EN SP Online (60 min)

Golf Cart Safety Awareness

This training covers safe operating guidelines for driving a golf cart. It includes vehicle inspections, controls, proper battery charging, and refueling.

EN Online (5-10 min)

Green Sustainability Practices for Auto Shop Managers

This training outlines best practices for developing, maintaining, and evaluating an environmentally responsible facility. It covers the benefits of using energy efficient technology and a guide to avoid deceptive "greenwashing" practices.

EN Online (10-15 min)

Hand and Power Tool Safety

This training includes information on the types of commonly used tools, the importance of proper use and handling of tools, identifying and communicating hazards, and proper selection and storage.

EN SP Online (25-35 min)

Hazard Communication Awareness

This general awareness training covers how information about hazardous materials is communicated in the workplace. The course includes how to read hazard labels and safety data sheets as well as the importance of the written program and training.

EN SP Online (15-20 min)

Hazard Communication for Managers

This training for managers is intended for use in conjunction with Hazard Communication Awareness training. It covers the requirements of OSHA's Hazard Communication Standard and the elements of an effective program.

EN SP Online (10-15 min)

Hazardous Waste Generator (RCRA)

This training covers the Resource Conservation and Recovery Act (RCRA), and shares best practice guidance to help hazardous waste generators properly follow all hazardous waste regulations so that the environment stays protected.

EN Online (10-15 min)

Hearing Conservation

This awareness-level training goes over the common elements of a hearing conservation plan. It also includes the hazards of noise overexposure and how to use hearing protection properly.

EN SP Online (10-15 min)

Heat Illness Prevention (Heat Stress)

This training covers the common types of heat illness and how those working in hot environments can avoid them. It includes warning signs, how to respond in an emergency, steps you can take to lower your risk, and common controls.

EN SP — Online (10-15 min)

Hours of Service for CMV Drivers

This training outlines the hours of service rules, including the sleep regulation cycle, shift and rest break requirements, the restart rule, and recordkeeping. (CMV Series)

EN — Online (30 min)

Hydrogen Safety Awareness

This training address hydrogen fuel cell electric vehicles, including basic properties and behavior of hydrogen, how a hydrogen fuel cell electric system works, and the safety systems and response procedures associated with hydrogen.

EN — Online (10-15 min)

Hydrogen Sulfide Safety Awareness

This training describes the hazards and health effects of hydrogen sulfide as well as detection methods, PPE, controls, and exposure response.

EN — Online (10-15 min)

Intersections, Turns, and Lane Changes for CMV Drivers

This training covers best practices for CMV drivers when navigating intersections, making turns, and performing lane changes. It includes procedures for each maneuver, common dangers, and the importance of defensive driving. (CMV Series)

EN — Online (5-10 min)

Lead Awareness

This training addresses the health risks associated with lead as well as how organizations are required to keep employees safe by identifying, monitoring, and controlling lead exposures.

EN SP — Online (30 min)

Lithium-Ion Batteries: Safe Handling, Storage, and Disposal

This training covers basic guidelines for properly handling, storing, and disposing of lithium-ion batteries. It includes additional information on emergency response procedures.

EN SP — Online (10-15 min)

Loading Dock and Wheel Chock Safety

This training helps employees to identify potential risks associated with loading docks. It also discusses best practices for loading dock safety and effectively reducing accidents.

EN — Online (5-10 min)

Lockout/Tagout General Awareness

This training describes the importance and elements of Lockout/Tagout programs. It includes shutdown steps, audit procedures, and the identification and control of hazardous energy sources in the workplace.

EN SP | Online (35-45 min)

Machine Guarding

This training describes common motion hazards in the workplace and demonstrates the basic goals of machine safeguarding programs and practices.

EN SP | Online (10 min)

Office Ergonomics Self-Assessment

This training provides an overview of computer workstation ergonomics, equipment design, and proper posture.

EN | Online (20-30 min)

Office Workstation Ergonomics

This training outlines proper workplace ergonomics and how equipment, posture, and personal and environmental factors can affect ergonomic health.

EN SP | Online (45 min)

Overhead Crane Safety

This training introduces the primary safety issues associated with overhead cranes and rigging procedures. Topics includes proper hoist and rigging inspection, sling selection, and safe crane operation.

EN | Online (45-50 min)

Patient and Resident Handling

This training covers patient and resident handling. It includes information on risk factors, written plans, transfer and handling equipment, and guidelines.

EN SP | Online (45 min)

Personal Protective Equipment Awareness

This training covers the importance of personal protective equipment (PPE), employee responsibilities to properly use and care for it, and an overview of the most common types. Topics include proper use, inspection, maintenance, and storage practices.

EN SP | Online (15-20 min)

Personal Protective Equipment for Management

This manager training provides an overview of personal protective equipment (PPE). It includes the requirements for wearing PPE, the various types, care and maintenance, and employer responsibilities.

EN SP | Online (45 min)

Photographing Accidents for CMV Drivers

This training goes through the steps to take if a driver is involved in a motor vehicle accident and best practices for photographic documentation of an accident scene. (CMV Series)

EN | Online (30 min)

Planning for Workplace Emergencies

This training provides guidance for managers looking to build an effective emergency action plan or emergency response plan. It includes guidance on which plan is right for your organization, step-by-step instructions, and helpful resources.

EN SP — Online (15-20 min)

Portable Ladder Safety

This training addresses ladder safety best practices. It includes planning, selection, inspection, maintenance, storage, and safe work practices for stepladders, extension ladders, articulated ladders, and mobile ladder stands.

EN SP — Online (25-35 min)

Respiratory Protection

This training course includes information on the requirements of a respiratory protection program, types and uses, selection based on hazards, fit test requirements, and proper cleaning procedures.

EN SP — Online (30-35 min)

Rollover Prevention for Cargo Tanks for CMV Drivers

This training discusses cargo tank rollovers, including how they happen, why they happen, and how to avoid rollovers. It covers vehicle design, load effects, vehicle maintenance, highway factors, and driver factors. (CMV Series)

EN — Online (30 min)

Safety Belt Awareness for CMV Drivers

This training reviews safety belt usage statistics among CMV drivers. It includes common misconceptions and the reasons why using your safety belt is always the best option. (CMV Series)

EN — Online (5-10 min)

Safety Committee Formation

This training includes information on the safety committee's purpose and responsibilities, how to form a committee, and how to run a safety committee meeting.
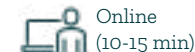
EN SP — Online (15 min)

Silica Exposure Prevention

This training addresses the health risks associated with silica dust and who is at risk. It includes the symptoms of silica dust exposure, how to perform hazard assessments and monitoring, and necessary controls.

EN SP — Online (45 min)

Slip, Trip, and Fall Prevention

This training covers how employees can protect themselves and others from slips, trips, and falls in the workplace. It also discusses hazard reporting best practices and what controls to expect from your employer.

EN SP — Online (10-15 min)

Space Management for CMV Drivers

This training educates drivers on proper following distance, including minimizing the risks posed by blind spots, performing backing operations, navigating intersections, and passing through areas with low overhead clearance. (CMV Series)

EN   Online (30 min)

Speed and Stopping Distance for CMV Drivers

This training reviews the four actions which are required to slow and stop a vehicle. It includes information on how road, weather, vehicle, and driver condition impact stopping distance. (CMV Series)

EN   Online (60 min)

Spotter Safety

This training covers what spotters are and why they are important when equipment is moving or reversing. It also includes spotter responsibilities, operator responsibilities, and spotter best practices.

EN **SP**   Online (10-15 min)

Supervisor and Manager Safety: Conducting Safety Meetings and Toolbox Talks

This general awareness training provides both supervisors and managers with information to conduct safety meetings and toolbox talks. It includes what they cover and best practices for presenting them.

EN **SP**   Online (10-15 min)

Supervisor and Manager Safety: Incident Investigations

This general awareness training covers the breakdown of the incident investigation process. It includes how to prepare, best practices to follow for the scene of the incident, root cause analysis, and corrective actions.

EN **SP**   Online (15 min)

Supervisor and Manager Safety: Safety Leadership

This training discusses practical tips for promoting a safety culture that goes beyond policies and procedures. It includes best practices for employee participation and leadership responsibilities.

EN **SP**   Online (15 min)

Stormwater Best Management Practices

This training covers the definition of stormwater, common stormwater pollutants, how they can impact local waters, and what your organization can do to control their effects.

EN   Online (10-15 min)

The Hidden Cost of Accidents for CMV Drivers

This training discusses CMV accidents and their effects on the motor carrier. It includes expenses incurred, the effects on the driver, the preventability of accidents, and the importance of a company-wide devotion to safety. (CMV Series)

EN   Online (15-20 min)

Tire Repair Safety

This training discusses how to safely repair passenger car and light truck tires. Topics include determining repairability, tire inspection steps, and procedures for safe puncture repair.

EN · Online (10-15 min)

Trailer Coupling and Uncoupling for CMV Drivers

This training goes over best practices for coupling and uncoupling tractor-trailers. It includes step-by-step instructions and safety tips and should be used in conjunction with on-the-job, truck-specific training.

EN · Online (15-20 min)

Trenching Safety Series: Site Controls

This training provides information on soil types and inspections as well as general safety measures.

EN · Online (30 min)

Trenching Safety Series: Soils, Inspections, and Cave-ins

This training provides information on prevention and protection against cave-ins, including cave-in hazards, planning a safe excavation, soil types, and engineering controls.

EN · Online (30 min)

Truckers Against Trafficking Certification for CMV Drivers

This training addresses how CMV drivers play a vital role in combating the crime of human trafficking. It provides guidance on how to identify potential trafficking situations and how to notify authorities of suspicious activity. (CMV Series)

EN · Online (30 min)

Understanding HACCP

This training discusses Hazard Awareness and Critical Control Points (HACCP) for food processing managers. It includes HACCP plan best practices and the seven principles that allow HACCP teams to identify, evaluate, and control food safety hazards.

EN SP · Online (45 min)

Walking and Working Surfaces

This training covers proper cleaning procedures to prevent slips, trips, and falls, and why good housekeeping is everyone's responsibility.

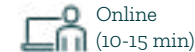EN SP · Online (10-15 min)

Welding and Hot Work

This training explains hot work techniques, hazards and safeguards, proper personal protective equipment (PPE), arc welding safety, torch use and inspection, and cylinder handling and storage.

EN SP · Online (35-45 min)

Work Zone Safety for CMV Drivers

This training covers hazards in common work zone transition points, such as the advanced warning area, transition area, activity area, and termination area. It addresses common mistakes and best practices for avoiding accidents. (CMV Series)

EN · Online (10-15 min)

Environment, Health and Safety

Add on: Healthy Workplaces Training

Alcohol and Substance Abuse

This short wellness training provides basic awareness for alcohol and substance abuse and discusses how abusing them can affect your health and well-being.

EN SP — Online (4-5 min)

Arthritis and Joint Health

This short wellness training will review basic health habits that can help reduce the risk of developing arthritis and painful joints.

EN SP — Online (4-5 min)

Back Health

This short wellness training covers the importance of good back health, discusses risks, and explores ways to minimize or prevent back pain.

EN — Online (5-6 min)

Blood Pressure

This short wellness training reviews healthy ranges for blood pressure as well as tips to manage and prevent hypertension.

EN — Online (5-6 min)

Cancer Prevention

This short wellness training discusses cancer prevention and screenings, the role diet and exercise plays in cancer prevention, and risk factors.

EN — Online (6-7 min)

COVID-19 Awareness Video

A short video training explaining COVID-19. Covers what this virus is, its symptoms, and how to protect yourself from person-to-person infection.

EN SP — Online (5-10 min)

COVID-19 General Awareness Training 2.0

This training covers COVID-19 symptoms, workplace precautions, personal protective equipment do's and don'ts, workplace safety, medical concerns, and disinfecting and sanitation best practices.

EN SP — Online (15-20 min)

COVID-19 General Awareness Training

This training covers COVID-19 characteristics, related health and safety concerns, wearing proper personal protective equipment, and disinfecting and sanitation best practices based on CDC and OSHA guidance.

EN — Online (10-15 min)

COVID-19 PPE – Video Toolbox Talk

A short video training presentation reminding employees how to don and doff face masks and disposable gloves — the most common personal protective equipment states may require as part of safely returning to work.

EN SP — Online (5-10 min)

COVID-19 State-Specific Addendums

This set of course addendums cover multiple state's specific COVID-19 guidance and regulations.

EN SP — Online (varies by state)

COVID-19 Supervisor Guide

This course covers tips to help with employees' stress and anxiety, summarizes OSHA recommendations for a safe workplace, and provides an overview of employee leave options related to COVID-19.

EN — Online (5-10 min)

Diabetes

This short wellness training explores the chronic disease diabetes. Topics include how it affects the body, who is at risk for developing it, and prevention methods.

EN — Online (5-6 min)

Easy Weight Loss Tips

This short wellness training provides simple tips for losing weight. Examples include improving diet through better choices, reduced portion sizes, and increasing the amount you exercise.

EN — Online (6-7 min)

Healthy Aging

This short wellness training discusses simple ways to stay healthy and active as you age.

EN — Online (5-6 min)

Healthy for the Holidays

This short wellness training focuses on how to stay healthy through the holiday season. Topics include managing stress, getting good sleep, and supporting your immune system.

EN — Online (5-6 min)

Heart Health

This short wellness training covers the topic of heart health. Tips for avoiding heart disease, such as healthy eating and exercise will be covered as well as the warning signs of a heart attack.

EN — Online (5-6 min)

Hydration

This short wellness training discusses the importance of staying hydrated in hot environments and ways to minimize the risk of a heat-related illness.

EN SP — Online (4-5 min)

Men's Health

This short wellness training discusses men's health and explores tips for maintaining good health, including getting regular medical check-ups, staying physically active, and making healthy lifestyle choices.

EN — Online (4-5 min)

Mental Health

This short wellness training reviews the mind-body connection, how your emotions affect your health, and describes ways to take care of your mental health.

EN | Online (6-7 min)

Nutrition: Make a Good Plate

This short wellness training discusses nutrition strategies, including assessing your current diet, how to make improvements, and specific tips for eating healthier.

EN | Online (6-7 min)

Sleep Awareness and Health

This short wellness training explains how important a good night's sleep is to your mental and physical health and provides tips for getting better sleep.

EN **SP** | Online (4-5 min)

Skin Safety

This short wellness training will review the basics of skin care, including prevention of skin cancer.

EN **SP** | Online (4-5 min)

Staying Healthy Through Cold and Flu Season

This short wellness training discusses techniques for staying healthy and avoiding illnesses such as colds and the flu.
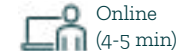
EN | Online (5-6 min)

Stress Management

This short wellness training explains ways to manage stress in your life to improve your energy, productivity, and overall health.

EN **SP** | Online (4-5 min)

Sun Safety

This short wellness training provides tips to help protect yourself against harmful sun exposure and ways to keep yourself safe during the summer months.

EN **SP** | Online (4-5 min)

Women's Health

This short wellness training covers health issues specific to women as well as basic advice on maintaining healthy habits for better health.

EN | Online (4-5 min)

Human Resources

Abusive Workplace Conduct Prevention

This training defines abusive conduct and explores strategies for dealing with it. It includes the negative effects, how to recognize it, how to report it, and ways everyone can improve the workplace environment. HRCI Credit Hours: 1 (HR General)

EN SP Online (30-40 min)

Active Shooter Preparedness

This training discusses how to prepare for the threat of active shooters through an emergency action plan. It also includes a strategy for responding to active shooter incidents and warning signs of potentially violent behavior.
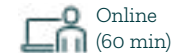
EN SP Online (25-30 min)

ADA Employment Decisions

This training covers the requirements in the Americans with Disabilities Act (ADA). It includes guidance for job interviews, reasonable accommodations, direct threats, and requirements for leave and return to work. HRCI Credit Hours: 1 (HR General)

EN Online (10-15 min)

Alcohol in the Workplace (FMCSA-Compliant)

This FMCSA-compliant training covers regulations on alcohol abuse in the workplace for CMV managers and drivers. It includes signs and symptoms of alcohol abuse, making a reasonable suspicion determination, and testing procedures. (49 CFR §382.603)

EN Online (60 min)

Anti-Harassment Training for Employees - Multistate (formerly Anti-Harassment Training)

This HRCI-approved training for employees defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.

EN SP Online (30-40 min)

Anti-Harassment Training for Employees – California

This training for California employees defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.

EN SP Online (60-70 min)

Anti-Harassment Training for Employees – Connecticut

This training for Connecticut employees defines unlawful harassment and helps employees recognize, prevent, and report it. The training also covers abusive workplace conduct and harassment prevention practice scenarios.

EN Online (135-150 min)

Anti-Harassment Training for Employees – Delaware

This training for Delaware employees defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.

EN SP   Online
(30-40 min)

Anti-Harassment Training for Employees – Illinois

This training for Illinois employees defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.

EN SP   Online
(30-40 min)

Anti-Harassment Training for Employees – Maryland

This training for Maryland employees defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.

EN SP   Online
(30-40 min)

Anti-Harassment Training for Employees – Maine

This training for Maine employees defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.

EN SP   Online
(30-40 min)

Anti-Harassment Training for Employees – New York

This training for New York employees defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.

EN SP   Online
(30-40 min)

Anti-Harassment Training for Employees – Oregon

This training for Oregon employees defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.

EN SP   Online
(30-40 min)

Anti-Harassment Training for Employees – Texas

This training for Texas employees defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.

EN SP   Online
(30-40 min)

Anti-Harassment Training for Employees – Vermont

This training for Vermont employees defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.

EN SP   Online
(30-40 min)

Anti-Harassment Training for Employees – Washington D.C.

This training for Washington D.C. employees defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.

EN SP   Online
(30-40 min)

Anti-Harassment Training for Managers – Multistate

This HRCI-approved training for managers defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.

EN **SP** Online (30-40 min)

Anti-Harassment Training for Managers – California (AB1825)

This training combines our HRCI-approved, interactive Anti-Harassment training series into one two-hour course for California managers. It is consistent with all California requirements, including SB1343, SB1300, SB778, AB1825, AB2053, and SB396.

EN **SP** Online (135-150 min)

Anti-Harassment Training for Managers – Connecticut

This 2-hour training for Connecticut managers includes manager responsibilities and how to recognize, prevent, and report harassment. The training also covers abusive workplace conduct and harassment prevention practice scenarios.

EN Online (135-150 min)

Anti-Harassment Training for Managers – Delaware

This training for Delaware managers defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.

EN **SP** Online (30-40 min)

Anti-Harassment Training for Managers – Illinois

This training for Illinois managers defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.

EN **SP** Online (30-40 min)

Anti-Harassment Training for Managers – Maryland

This training for Maryland managers defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.

EN **SP** Online (30-40 min)

Anti-Harassment Training for Managers – Maine

This training for Maine managers defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.

EN **SP** Online (30-40 min)

Anti-Harassment Training for Managers – New York

This training for New York managers defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.

EN **SP** Online (30-40 min)

Anti-Harassment Training for Managers – Oregon

This training for Oregon managers defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.

EN **SP** Online (30-40 min)

Anti-Harassment Training for Managers – Texas

This training for Texas managers defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.

EN **SP**   Online
(30-40 min)

Anti-Harassment Training for Managers – Vermont

This training for Vermont managers defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.

EN **SP**   Online
(30-40 min)

Anti-Harassment Training for Managers – Washington D.C.

This training for Washington D.C. managers defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on recognizing and preventing harassment as well as how to appropriately report it.

EN **SP**   Online
(30-40 min)

Conducting Effective Interviews

This training gives an overview of best practices and legal standards associated with interviewing. It includes preparation, behavioral interviewing, lawful and unlawful topics, and evaluation of candidates. HRCI Credit Hours: 1 (HR General)

EN   Online
(25-35 min)

Conducting Effective Interviews Self-Evaluation Tool

This self-evaluation tool helps to review interviewing process and technique. It is designed to be taken 30 - 90 days after completing Conducting Effective Interviews and only after conducting one or more interviews since course completion.

EN   Online
(5 min)

Discipline on the Job

This training discusses enforcing and communicating policies and procedures. It includes manager responsibilities, the investigation process, legal considerations, and documentation requirements. HRCI Credit Hours: 1 (HR General)

EN   Online
(5-15 min)

Drug-Free Workplace Series: Drug-Free Workplace Programs

This training gives an overview on the elements of a Drug and Alcohol Free Workplace Program. It addresses policies, training, drug testing protocols, and best practices. This is the first course in the Drug-Free Workplace course series. 1/2
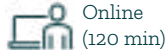
EN   Online
(5-10 Min)

Drug-Free Workplace Series: Reasonable Suspicion Testing

This second training in the Drug-Free Workplace course series outlines the reasonable suspicion drug and alcohol testing process, including observation and documentation, employee consent, test results, symptoms, and appropriate confrontations. 2/2

EN   Online
(10-20 min)

Drugs and Alcohol in the Workplace (FMCSA-Compliant)

This training covers FMCSA regulations on the use of drugs and alcohol in the workplace for CMV managers and drivers. It includes regulations, signs and symptoms, and how to determine reasonable suspicion. FMCSA Compliant (49 CFR §382.603)

EN | Online (120 min)

Drugs in the Workplace (FMCSA-Compliant)

This training covers FMCSA regulations on the use of drugs in the workplace for CMV managers and drivers. It includes drug classes, signs and symptoms of use, reasonable suspicion determinations, and testing. FMCSA Compliant (49 CFR §382.603)

EN | Online (60 min)

Employee Evaluations

This training discusses conducting fair and productive employee evaluations. It includes manager responsibilities, evaluation structure, communication skills, setting objectives, and documentation requirements. HRCI Credit Hours: 1 (HR General)

EN | Online (5-15 min)

Ethics in the Workplace

For all employees and management, this training covers the benefits of ethical behavior in the workplace and specific ways to demonstrate it. HRCI Credit Hours: 1 (HR General)

EN | Online (15-25 min)

Exempt vs Nonexempt Classification

This training explores strategies that employers can use to properly classify an employee as exempt or nonexempt based on factors such as salary, job classification, and job duties. HRCI Credit Hours: 1 (HR General)

EN | Online (5 min)

Fair Labor Standards Act (FLSA)

This training provides employers with information regarding child labor laws, exempt vs nonexempt employees, and overtime calculations. HRCI Credit Hours: 1 (HR General)

EN | Online (10-15 min)

Health and Wellness

This training describes how to make informed decisions about diet, exercise, and lifestyle that impact health and quality of life.

EN **SP** | Online (60 min)

Hiring Best Practices

This training introduces techniques to improve a company's hiring and onboarding processes. Topics covered include finding and attracting the right candidates, interviewing tips, and onboarding advice. HRCI Credit Hours: 1 (HR General)

EN | Online (5-15 min)

Horseplay Prevention

This training outlines examples of practical jokes on the job and the dangerous consequences that can result.

EN **SP** | Online (15 min)

Investigating Harassment Claims for Managers

This manager training covers conducting a harassment investigation, including how to handle complaints, interview witnesses, and take corrective action. Prerequisite: Anti-Harassment Training. HRCI Credit Hours: 1 (HR General)

EN **SP** Online (45-60 min)

Modified Transitional Duty for Management

This training describes the benefits of transitional duty and return-to-work programs for injured employees as well as typical program components and implementation.

EN **SP** Online (15 min)

Responsible Alcohol Service

This training covers the laws governing the sale and use of alcohol. It includes the effects of alcohol, responsibilities and best practices for sale and service, communication skills, and what to do in the event of an incident.

EN **SP** Online (60 min)

Social Media and Email

This training discusses the use of social media in the workplace, email policies, appropriate content, proper conduct, and information security.

EN **SP** Online (15 min)

Travel Safety

This training provides guidance on airport and hotel safety as well as behaviors that discourage robbery and other crimes while traveling.

EN **SP** Online (15 min)

Understanding HIPAA: Breach and Noncompliance

This training addresses violations of the Health Insurance Portability and Accountability Act (HIPPA), including breaches of information and noncompliance with statutes. It addresses the rules and consequences for noncompliance.

EN Online (60 min)

Understanding HIPAA: General Awareness

This training covers the Health Insurance Portability and Accountability Act (HIPAA) requirements for personal health information (PHI). It includes guidelines for proper handling to avoid costly violations.

EN **SP** Online (60 min)

Understanding HIPAA: The Privacy Rule

This training covers the Privacy Rule component of HIPAA, which addresses the regulations around disclosure of PHI. It includes safeguards and individual rights.

EN Online (60 min)

Understanding HIPAA: The Security Rule

This training covers the Security Rule component of HIPAA, focusing on electronic protected health information (ePHI). It includes proper safeguards, incident response, access controls, and transmission security.

EN Online (60 min)

What is an Ex-Mod?

This video defines an ex-mod and illustrates how it impacts a company's bottom line.

EN   Online (5 min)

Workplace Violence: Coworker Confrontations

This training discusses common forms of workplace violence, including warning signs and behaviors, employee and employer responsibilities in preventing and reporting incidents, and components of a workplace violence prevention program.

EN **SP**   Online (15 min)

Workplace Violence: Healthcare and Social Services

This training covers the types of workplace violence that employees in healthcare and social services may encounter. It includes risk factors, elements of a prevention program, and program controls.

EN **SP**   Online (30 min)

Workplace Violence: Late-Night Retail

This training covers the types of workplace violence that employees in late-night retail positions may encounter. It explains risk factors, elements of a prevention program, and program controls.

EN **SP**   Online (30 min)

Human Resources

Add on: Cybersecurity Training

Compliance Expert – Privacy and Information Security – Examples

Depending on the context, personal information may need to be protected for confidentiality. Organizations with access to this information need to understand how and when to protect privacy. This course will present some examples from the trenches.

EN **SP**   Online (5 min)

Compliance Expert: Privacy & Information Security – The Basics

This training explains how to protect personal information for confidentiality. Organizations with access to this information need to understand how to judge what and when to protect privacy.

EN **SP**   Online (5 min)

Compliance Short – Cybersecurity

This training identifies security risks associated with using the company's electronic devices, network, and other IT resources

EN **SP**   Online (7 min)

Cybersecurity and Online Habits

This course focuses on common pitfalls in IT security by end users and provides employees with common sense guidelines for managing cybersecurity risks.

EN **SP**   Online (50 min)

Data Protection and Device Security

This course covers a variety of best practices for preventing the loss and theft of company data, as well as protecting the physical devices employees use in their jobs, both at and away from the office.

EN SP | Online (35 min)

Global Cybersecurity Basics

This course focuses on common IT pitfalls, including how hackers gain access to sensitive data and systems. Also included are guidelines dealing with areas such as mobile security, online security, password security, and malicious e-mails.

EN SP | Online (15 min)

Global Internet, Social Media, and Electronic Communication

This training explores company use of the Internet, social media, and other electronic communication and recommends you be familiar with your company's policy on these resources.

EN SP | Online (25-30 min)

Global Privacy and Information Security

This course gives high-level awareness of the regulatory, legal, and corporate requirements for handling and protecting personal information. It explores information security laws and best practices for handling data appropriately.

EN SP | Online (25 min)

Human Resources
Add on: Diversity, Equity, and Inclusion Training (DEI)

Becoming a DEI Ally and Agent for Change

In this course, you'll explore strategies to help you become an advocate for diversity, equity, and inclusion within the workplace. You'll learn to build awareness of your values and social perspective and recognize specific actions that can improve social and cultural aspects of DEI. You'll also learn about key concepts of allyship, methods to be a more inclusive communicator, and how to use the RISE model to become a DEI ally.

EN SP | Online (34 min)

Compliance Expert: Diversity – It's Value in the Workplace

Diversity has a direct impact on corporate success. This Compliance Expert Impact explores the value of diversity in the workplace.

EN SP | Online (5 min)

Compliance Expert: Diversity – Overcoming Barriers

Barriers to diversity can exist at every level in an organization. This Compliance Expert Impact explores where employers must take steps to remove barriers and promote diversity.

EN SP | Online (5 min)

Global Diversity

In this course, you'll learn about the characteristics of inclusive workplaces and the benefits of supporting diversity. You'll discover the challenges and barriers to inclusion in the workplace, and learn about recognizing discrimination and bullying. You'll also cover workplace inclusion and accommodation practices, including strategies for promoting inclusion, and how inclusion policies and procedures support employees.

EN **SP** Online (30 min)

Recognizing and Addressing Micro-behaviors in the Workplace

In this course, you'll learn to recognize the characteristics of the different types of micro-behaviors and how to decode the messages they send. You'll also learn to identify when and how to take action to address micro-aggressions, and how to use micro-inclusions as an antidote to micro-aggressions.

EN **SP** Online (32 min)

Using Communication Strategies to Bridge Cultural Divides

In this course, you will learn about dealing effectively with cultural diversity to improve cross-cultural communication and build rapport. You'll also learn about the misunderstandings and behaviors related to a culture that can hinder good communication and ways to overcome them. Finally, you'll learn strategies for giving effective presentations to people from low- and high-context cultures.

EN **SP** Online (30 min)

Workplace Diversity, Equity, and Inclusion in Action

In this course, you'll learn to recognize key characteristics of DEI and practices for building and sustaining a healthy DEI culture. You'll also learn to identify behaviors that signal a breakdown in achieving an inclusive culture, key elements that enable diversity, equity, inclusion, and belonging to take root, and the steps for demonstrating agility and resilience in your DEI journey.

EN **SP** Online (32 min)

F&I Sales

Communicating with Customers

This training covers the lawful methods for commercial phone calls, text messages, or emails directed to large volumes of customers. It includes government regulations pertaining to the Federal Do Not Call List (DNC) and the CAN-SPAM law.

EN — Online (20-30 min)

Data Privacy and Information Security

This training covers protecting Personal Health Information (PHI), working with confidential information, physical safeguards, types of cyber risks and how to prevent them, protecting company assets, and reporting incidents.

EN — Online (35-45 min)

Ethics in the Workplace

This training identifies the benefits of ethical behavior and how to demonstrate ethical behavior in the workplace. It outlines ethical behavior for all employees, management behavior, and front-end employee job functions.

EN — Online (15-25 min)

Information Security

This training addresses the importance of information security for businesses. It covers working with confidential information, physical safeguards, types of cyber risks and how to prevent them, protecting company assets, and reporting incidents.

EN — Online (10-20 min)

Marcom Training Shorts

Accident Investigation

MARCOM's program on Accident Investigation provide employees with the information that they need to understand the goals of an accident investigation, the process itself, and how they can participate in the process to help make their workplace safer.

EN **SP** — Safety Video (10-15 min)

Active Shooter – Surviving an Attack

MARCOM's program on Active Shooter - Surviving an Attack provides step-by-step explanations of the survival techniques that law enforcement agencies recommend to help people get through an active shooter incident safely.

EN **SP** — Safety Video (15-20 min)

Aerial Lifts in Industrial and Construction Environments

MARCOM's program reviews the various types of aerial lifts, makes employees aware of the hazards that are associated with these lifts, and gives them the information that they'll need to work safely whether they're using a lift or working around one.

EN **SP** — Safety Video (20-25 min)

Arc Flash

MARCOM's program on Arc Flash focuses on what arc flash is, its hazards and how employees can avoid it on the job.

EN — Safety Video (10-15 min)

Asbestos Awareness

MARCOM's program discusses the health risks associated with asbestos, how to recognize asbestos hazards in the workplace how to protect against exposure to asbestos, and how to comply with the OSHA Asbestos Standard training requirements.

EN **SP** ▶ Safety Video (20-25 min)

Back Safety

MARCOM's Back Safety program emphasizes the importance of overall back care, both at work and at home, including exercises and weight control.

EN **SP** ▶ Safety Video (10-20 min)

Back Safety in Industrial Environments

MARCOM's program on Back Safety in Industrial Environments discusses situations that can lead to back injuries and what employees can do to avoid them, both at work and at home.

EN **SP** ▶ Safety Video (15-20 min)

Back Safety in Office Environments

MARCOM's program on Back Safety in Office Environments discusses situations that can lead to back injuries and what employees can do to avoid them, both at work and at home.

EN ▶ Safety Video (15-20 min)

Bloodborne Pathogens in Commercial and Light Industrial Facilities

MARCOM's program on Bloodborne Pathogens in Commercial and Industrial Facilities provides essential information while assisting in fulfilling the training requirements contained in the OSHA Bloodborne Pathogens Standard.

EN **SP** ▶ Safety Video (20-25 min)

Bloodborne Pathogens in First Response Environments

MARCOM's program on Bloodborne Pathogens in First Response Environments provides essential information while assisting first responder organizations in fulfilling the training requirements contained in the OSHA Bloodborne Pathogens Standard.

EN **SP** ▶ Safety Video (25-30 min)

Bloodborne Pathogens in Healthcare Facilities

MARCOM's Bloodborne Pathogens in Healthcare Facilities program has been specifically created to assist facilities in fulfilling the OSHA Bloodborne Pathogens Standard's (29 CFR Part 1910.1030) training requirements.

EN **SP** ▶ Safety Video (25-30 min)

Bullying & Other Disruptive Behaviors for Managers and Supervisors

MARCOM's program on Bullying and Other Disruptive Behaviors for Managers and Supervisors provides managers and supervisors with the information to help prevent this type of behavior in their department and deal with it when it does happen.

EN ▶ Safety Video (20-25 min)

Bullying & Other Disruptive Behaviors for Employees

MARCOM's program on Bullying and Other Disruptive Behaviors for Employees provides the information employees need to understand this type of behavior and know how to shut it down when it happens.

EN SP

Safety Video
(15-20 min)

Caught-In/Between Hazards in Construction Environments

MARCOM's program on Caught-In/Between Hazards in Construction Environments provides the information employees need to recognize the caught-in/between hazards that are associated with construction tasks and avoid them before accidents happen.

EN SP

Safety Video
(15-20 min)

Compressed Gas Cylinders

MARCOM's program on Compressed Gas Cylinders provides the information that employees need to work safely with these potentially hazardous storage containers and the gases inside them.

EN SP

Safety Video
(20-25 min)

Computer Workstation Safety

MARCOM's program on Computer Workstation Safety reviews the safe use of computers, and offers practical solutions to many potential problems.

EN SP

Safety Video
(15-20 min)

Confined Space Entry

MARCOM's program addresses the major areas of employee training required by OSHA's Permit Required Confined Space Regulation (29 CFR part 1910.146) and includes information on Confined Spaces in Construction regulation (CFR 29 1926 Subpart AA).

EN SP

Safety Video
(20-25 min)

Conflict Resolution in Industrial Facilities

MARCOM's Conflict Resolution in Industrial Facilities program discusses the techniques and strategies that can be used to limit the damage and disruption conflict can sometimes cause in the workplace.

EN SP

Safety Video
(15-20 min)

Conflict Resolution in the Office

MARCOM's Conflict Resolution in the Office program discusses the techniques and strategies that can be used to limit the damage and disruption conflict can sometimes cause in the workplace.

EN SP

Safety Video
(10-20 min)

Crane Safety

MARCOM's Crane Safety program points out to employees that over 90% of crane-related accidents are caused by human error, and that they are the key to preventing these incidents.

EN SP

Safety Video
(10-20 min)

Crane Safety in Construction Environments

MARCOM's Crane Safety in Construction Environments program points out to employees that over 90% of crane-related accidents are caused by human error, and that they are the key to preventing these incidents.

EN SP | Safety Video (10-20 min)

Dealing with Drug and Alcohol Abuse for Employees

MARCOM's program on Dealing with Drug and Alcohol Abuse for Employees discusses the hazards of substance abuse, how employees can avoid them and what they can do to help keep their workplace drug and alcohol free.

EN SP | Safety Video (10-20 min)

Dealing with Drug and Alcohol Abuse for Employees in Construction Environments

MARCOM's program discusses the hazards of substance abuse, how employees can avoid them and what they can do to help keep their job site drug and alcohol free.

EN SP | Safety Video (10-20 min)

Dealing with Drug and Alcohol Abuse for Managers and Supervisors

MARCOM's program for managers discusses drug and alcohol abuse, the damage it causes to workers and the businesses that employ them, and what should be done to create and maintain a drug and alcohol free workplace.

EN SP | Safety Video (20-25 min)

Dealing with Drug and Alcohol Abuse for Managers and Supervisors in Construction Environments

MARCOM's program for managers in construction environments discusses drug and alcohol abuse, the damage it causes to workers and the businesses that employ them, and what should be done to create and maintain a drug and alcohol free job site.

EN SP | Safety Video (20-25 min)

Dealing With Hazardous Spills

MARCOM's program on Dealing with Hazardous Spills helps workers understand the hazards that can be associated with HAZMATs and the cleanup procedures that can mitigate them.

EN SP | Safety Video (10-20 min)

Distracted Driving

MARCOM's Distracted Driving program provides the information employees need to drive cars, vans and small trucks safely, both on and off the job.

EN SP | Safety Video (10-20 min)

Diversity in the Workplace For Employeees

MARCOM's program on Diversity in the Workplace for Employees discusses diversity, the obstacles that can prevent people from accepting it, and what employees can do to embrace and encourage diversity in their workplace.

EN | Safety Video (10-20 min)

DOT HAZMAT General Awareness

MARCOM's program discusses the Hazardous Materials Regulations established by the U.S. Department of Transportation (DOT) and how they affect each stage of the transportation process, and how to prevent HAZMAT incidents from occurring.

EN SP — Safety Video (10-20 min)

DOT HAZMAT Safety Training

MARCOM's program discusses the Hazardous Materials Regulations established by the U.S. Department of Transportation (DOT), how they affect each stage of the transportation process, and what employees can do to help prevent incidents from occurring.

EN SP — Safety Video (20-25 min)

DOT HAZMAT Security Awareness

MARCOM's program discusses the Hazardous Materials Regulations established by the U.S. Department of Transportation (DOT) and how they affect each stage of the transportation process, and how to prevent HAZMAT incidents from occurring.

EN SP — Safety Video (10-20 min)

DOT In-Depth HAZMAT Security

MARCOM's program on DOT In-Depth HAZMAT Security focuses on what employees can do to help prevent theft, hijacking and sabotage of HAZMATs by terrorists.

EN SP — Safety Video (10-20 min)

Driving Defensively

MARCOM's Driving Defensively program provides the information employees need to drive cars, vans and small trucks safely, both on and off the job.

EN SP — Safety Video (10-20 min)

Driving Safety

MARCOM's Driving Safety program provides the information employees need to drive cars, vans and small trucks safely, both on and off the job.

EN SP — Safety Video (20-25 min)

Driving Safety: The Basics

MARCOM's Driving Safety: The Basics program provides the information employees need to drive cars, vans and small trucks safely, both on and off the job.

EN SP — Safety Video (20-25 min)

Electrical Safety

MARCOM's Electrical Safety program reminds employees about electrical hazards they may face in their jobs, and provides the information they need to work safely around low voltage electricity.

EN SP — Safety Video (10-20 min)

Electrical Safety in the Laboratory

MARCOM's Electrical Safety in the Laboratory program emphasizes the need for safety when using electricity, and discusses how to reduce the potential for accidents involving electrical shock, fire and explosions.

EN — Safety Video (10-20 min)

Electrocution Hazards in Construction Part I

The first in a two-part series on electrocution hazards, Part I discusses the major types of electrocution hazards, and how employees can protect themselves from electrical hazards and electrocution in construction environments.

EN SP   ▶ Safety Video
                  (20-25 min)

Electrocution Hazards in Construction Part II

The second in a two-part series on electrocution hazards, Part II discusses the types of hazards, and how employees can protect themselves in construction environments, and employers' responsibilities in these areas.

EN SP   ▶ Safety Video
                  (10-20 min)

Emergency Planning

MARCOM's program on Emergency Planning assists facilities in complying with existing OSHA, SARA Title III, and numerous state regulations and helps them prepare for potential emergency situations.

EN SP   ▶ Safety Video
                  (10-20 min)

Evacuation Procedures

MARCOM's program on Evacuation Procedures provides the information employees need to learn what steps to take to act quickly and safely during an evacuation.

EN SP   ▶ Safety Video
                  (15-20 min)

Eye Safety

MARCOM's program on Eye Safety provides employees with the information they need to recognize and avoid eye hazards that they can encounter in their workplace.

EN SP   ▶ Safety Video
                  (10-20 min)

Eye Safety in Construction Environments

MARCOM's program on Eye Safety in Construction Environments provides employees with the information they need to recognize and avoid eye hazards that they can encounter on a job site.

EN SP   ▶ Safety Video
                  (10-20 min)

Fall Protection

MARCOM's Fall Protection program provides the information employees need to work safely when they are off the ground, and satisfies the major training requirements in the OSHA Standard on Fall Protection.

EN SP   ▶ Safety Video
                  (10-20 min)

Fall Protection in Construction Environments

MARCOM's Fall Protection in Construction Environments program provides the information employees need to work safely when they are off the ground, and satisfies the major training requirements in the OSHA Standard on Fall Protection.

EN SP   ▶ Safety Video
                  (10-20 min)

Fighting Fatigue in the Workplace

MARCOM's program on Fighting Fatigue in the Workplace discusses the causes of fatigue, the hazards that it creates and what employees can do to avoid it.

EN · Safety Video (15-20 min)

Fire Prevention in Healthcare Facilities

MARCOM's Fire Prevention in Healthcare Facilities program looks at how fires in healthcare facilities start, and what can be done to prevent them, as well as what employees should do in case of a fire emergency.

EN **SP** · Safety Video (10-20 min)

Fire Prevention in the Office

MARCOM's program on Fire Prevention in the Office looks at what causes office fires and what can be done to prevent them as well as what employees should do in case of a fire emergency.

EN **SP** · Safety Video (10-20 min)

First Aid

MARCOM's program on First Aid discusses what employees should do and not do when someone is sick or injured, and how to determine when they should call for emergency assistance.

EN **SP** · Safety Video (10-20 min)

First Aid in Construction Environments

MARCOM's program on First Aid in Construction Environments discusses what employees should do and not do when someone is sick or injured, and how to determine when they should call for emergency assistance.

EN **SP** · Safety Video (10-20 min)

Fitness and Wellness

MARCOM's program on Fitness and Wellness shows employees how small changes in lifestyle can produce big benefits. While wellness is a gradual process, eliminating negative lifestyle factors can quickly begin to improve employees' health.

EN **SP** · Safety Video (10-20 min)

Flammables & Explosives in the Laboratory

MARCOM's program discusses the nature of flammable and explosive materials, their hazards and the proper handling procedures and personal protective equipment that should be used when working with these substances.

EN · Safety Video (10-20 min)

Forklift Safety - Industrial Counterbalance Lift Trucks

MARCOM's program on Forklift Safety: Industrial Counterbalance Lift Trucks has been designed to introduce employees to the forklift they'll be using, explain its capabilities and limitations, and show them how to operate and maintain it properly.

EN **SP** · Safety Video (20-25 min)

Forklift/Powered Industrial Truck Safety

MARCOM's program is specifically created to involve employees in the process of understanding forklift operation and to help facilities in fulfilling the OSHA Powered Industrial Truck Standard (29 CFR,1910.178) training requirements.

EN **SP** · Safety Video (10-20 min)

GHS Container Labeling

MARCOM's program on GHS Container Labeling discusses the six types of information contained on a GHS label, and the differences between GHS labels and other types of chemical hazard labels.

EN **SP** — Safety Video (10-20 min)

GHS Labeling in Construction Environments

MARCOM's program on GHS Container Labeling in Construction Environments discusses the six types of information contained on a GHS label, and the differences between GHS labels and other types of chemical hazard labels.

EN **SP** — Safety Video (10-20 min)

GHS Safety Data Sheets

MARCOM's GHS Safety Data Sheets program reviews the composition of GHS Safety Data Sheets, the information that's contained in each section and how SDSs are different from Material Safety Data Sheets.

EN **SP** — Safety Video (10-20 min)

GHS Safety Data Sheets in Construction Environments

MARCOM's GHS Safety Data Sheets in Construction Environments program reviews the composition of GHS Safety Data Sheets, the information that's contained in each section and how SDSs are different from Material Safety Data Sheets.

EN **SP** — Safety Video (10-20 min)

GHS Safety Data Sheets in the Laboratory

MARCOM's GHS Safety Data Sheets in the Laboratory program reviews the composition of GHS Safety Data Sheets, the information that's contained in each section and how SDSs are different from Material Safety Data Sheets.

EN — Safety Video (10-20 min)

Hand & Power Tool Safety

MARCOM's program on Hand and Power Tool Safety discusses hand and power tool hazards, and shows employees the equipment and safe practices they can use to prevent injuries.

EN **SP** — Safety Video (10-20 min)

Hand & Power Tool Safety in Construction Environments

MARCOM's program on Hand and Power Tool Safety in Construction Environments discusses hand and power tool hazards, and shows employees the equipment and safe practices they can use to prevent injuries on a job site.

EN **SP** — Safety Video (10-20 min)

Hand, Wrist & Finger Safety

MARCOM's program on Hand, Wrist and Finger Safety reviews the hand, wrist and finger hazards that employees may encounter in their workplace, and show them the equipment and safe work practices they can use to prevent injuries.

EN **SP** — Safety Video (10-20 min)

Hand, Wrist & Finger Safety in Construction Environments

MARCOM's program on Hand, Wrist and Finger Safety in Construction Environments review the hand, wrist and finger hazards that employees may encounter on a job site, and show them the equipment and safe work practices they can use to prevent injuries.

EN **SP** — Safety Video (10-20 min)

Handling A Sexual Harassment Investigation

MARCOM's program looks at a company's legal responsibility to prevent and deal with sexual harassment incidents, examines investigation policies and procedures and discusses how to interview apparent victims, alleged harassers and potential witnesses.

EN **SP** — Safety Video (10-20 min)

Handling Compressed Gas Cylinders in the Laboratory

MARCOM's program on Handling Compressed Gas Cylinders in the Laboratory examines how gas cylinders work, the hazards that are associated with them and the need for caution when using or storing a cylinder.

EN — Safety Video (10-20 min)

Hazard Communication in Auto Service Facilities

MARCOM's program on Hazard Communication in Auto Service Facilities both introduces employees to the Hazard Communication regulations and provides training on the various groups of chemicals found in the automotive environment.

EN **SP** — Safety Video (20-25 min)

Hazard Communication in Cleaning and Maintenance Facilities

MARCOM's program on Hazard Communication in Cleaning and Maintenance Operations both introduces employees to the Hazard Communication regulations and provides training on the various groups of chemicals found in the cleaning and maintenance environment.

EN **SP** — Safety Video (20-25 min)

Hazard Communication in Construction Environments

MARCOM's program on Hazard Communication in Construction Environments both introduces employees to the Hazard Communication regulations and provides training on the various groups of chemicals found in the construction environment.

EN **SP** — Safety Video (20-25 min)

Hazard Communication in Healthcare Facilities

MARCOM's program on Hazard Communication in Healthcare Facilities both introduces employees to the Hazard Communication regulations and provides training on the various groups of chemicals found in the healthcare environment.

EN **SP** — Safety Video (20-25 min)

Hazard Communication in Industrial Facilities

MARCOM's program on Hazard Communication in Industrial Facilities both introduces employees to the Hazard Communication regulations and provides training on the various groups of chemicals found in the industrial environment.

EN **SP** — Safety Video (20-25 min)

Hazard Communication in the Hospitality Industry

MARCOM's program on Hazard Communication in Hospitality Environments both introduces employees to the Hazard Communication regulations and provides training on the various groups of chemicals found in the hospitality environment.

EN **SP**   ▷ Safety Video
(20-25 min)

Hazard Recognition

MARCOM's program on Hazard Recognition provides the information employees need to help prevent workplace accidents and injuries from occurring.

EN **SP**   ▷ Safety Video
(15-20 min)

Hazardous Materials Labels

MARCOM's program on Hazardous Materials Labels is designed to help employees understand the characteristics of different labeling systems and the ways that each convey information.

EN **SP**   ▷ Safety Video
(20-25 min)

HAZWOPER Accidental Release Measures and Spill Cleanup Procedures

MARCOM's program is designed to help facilities comply with OSHA's HAZWOPER regulation (29 CFR 1910.120). The course discusses the plans and procedures necessary to safely contain and cleanup a hazardous materials spill.

EN **SP**   ▷ Safety Video
(20-25 min)

HAZWOPER Confined Space Entry

MARCOM's program is designed to help employees understand how to reduce or eliminate potential exposure to hazardous materials in confined space work environments as required by OSHA's HAZWOPER regulation (29 CFR 1910.120).

EN **SP**   ▷ Safety Video
(20-25 min)

HAZWOPER Dealing with the Media in Emergency Situations

MARCOM's program is designed to help facilities comply with OSHA's HAZWOPER regulation (29 CFR 1910.120). This course instructs employees on the proper ways of interacting with the media during an emergency situation.

EN **SP**   ▷ Safety Video
(10-20 min)

HAZWOPER Decontamination Procedures

MARCOM's program on is designed to help facilities comply with OSHA's HAZWOPER regulation (29 CFR 1910.120). The course helps employees understand how to reduce or eliminate potential exposure to hazardous materials in their work environments.

EN **SP**   ▷ Safety Video
(15-20 min)

HAZWOPER Electrical Safety in HAZMAT Environments

MARCOM's program helps facilities comply with OSHA's HAZWOPER regulation (29 CFR 1910.120). Dicusses the hazards of uncontrolled energy in hazardous materials environments, and how to reduce or eliminate these potential hazards.

EN **SP**   ▷ Safety Video
(20-30 min)

HAZWOPER Emergency Response Plan

MARCOM's program is designed to help facilities comply with OSHA's HAZWOPER regulation (29 CFR 1910.120). Discusses how emergency planning can reduce or eliminate potential exposure to hazardous materials in crisis situations.

EN **SP** Safety Video (15-20 min)

HAZWOPER Exposure Monitoring and Medical Surveillance

Part of the HAZWOPER Annual Retraining Series, discusses various types of exposure monitoring equipment and techniques. Includes medical surveillance and how it is used to evaluate the health of anyone who regularly works around hazardous materials.

EN **SP** Safety Video (20-30 min)

HAZWOPER Fire Prevention

MARCOM's program on HAZWOPER Fire Prevention is designed to help facilities comply with OSHA's HAZWOPER regulation (29 CFR 1910.120). This course helps employees understand the hazards of fire when combined with hazardous materials.

EN **SP** Safety Video (20-25 min)

HAZWOPER Handling Hazardous Materials

MARCOM's program on Handling Hazardous Materials is designed to help facilities comply with OSHA's HAZWOPER regulation (29 CFR 1910.120). Discusses the nature and behavior of hazardous chemicals, and reducing or eliminating potential exposure.

EN **SP** Safety Video (20-25 min)

HAZWOPER HAZMAT Labeling

MARCOM's program on HAZMAT Labeling is designed to help facilities comply with OSHA's HAZWOPER regulation (29 CFR 1910.120). Helps employees understand and use different labeling systems to reduce or eliminate potential exposure.

EN **SP** Safety Video (20-25 min)

HAZWOPER Heat Stress

MARCOM's program on HAZWOPER Heat Stress is designed to help facilities comply with OSHA's HAZWOPER regulation (29 CFR 1910.120). Discusses the need to guard against heat-related illnesses and what steps they can take to protect themselves.

EN **SP** Safety Video (20-25 min)

HAZWOPER Introduction to HAZWOPER Retraining

Part of the HAZWOPER Annual Retraining Series, reminds employees who deal with hazardous materials of the importance of identifying, evaluating and controlling chemical hazards

EN **SP** Safety Video (20-25 min)

HAZWOPER Medical Surveillance Programs

MARCOM's program is designed to help facilities comply with OSHA's HAZWOPER regulation (29 CFR 1910.120). Discusses types of medical surveillance and how it is used to evaluate the health of anyone who regularly works around hazardous materials.

EN **SP** Safety Video (10-20 min)

HAZWOPER Monitoring Procedures and Equipment

MARCOM's program is designed to help facilities comply with OSHA's HAZWOPER regulation (29 CFR 1910.120). Discusses the importance of detecting hazardous materials, and the equipment and procedures used in the process.

EN SP — Safety Video (15-20 min)

HAZWOPER Personal Protective Equipment

MARCOM's program helps facilities comply with OSHA's HAZWOPER regulation (29 CFR 1910.120). Instructs employees on the selection and use of personal protective equipment in environments where hazardous materials are present.

EN SP — Safety Video (10-20 min)

HAZWOPER Personal Protective Equipment and Decontamination Procedures

Part of the HAZWOPER Annual Retraining Series, instructs employees on the appropriate use of personal protective equipment (such as chemical protective clothing) and how to remove contaminants that accumulate on clothing and equipment.

EN SP — Safety Video (20-25 min)

HAZWOPER Respiratory Protection and Safety

MARCOM's program helps facilities comply with OSHA's HAZWOPER regulation (29 CFR 1910.120) and understand how the use of respiratory protection can reduce or eliminate potential exposure to hazardous materials in their work environments.

EN SP — Safety Video (20-25 min)

HAZWOPER Safety Data Sheets in HAZWOPER Environments

MARCOM's program helps facilities comply with OSHA's HAZWOPER regulation (29 CFR 1910.120). Educates employees about the GHS SDS format and reviews how the information in an SDS can help them work safely with potentially hazardous chemicals.

EN SP — Safety Video (15-20 min)

HAZWOPER Safety Orientation

MARCOM's program helps facilities comply with OSHA's HAZWOPER regulation (29 CFR 1910.120). Instructs employees about how to reduce or eliminate potential exposure to hazardous materials in their work environments.

EN SP — Safety Video (10-20 min)

HAZWOPER Site Safety and Health Plan

MARCOM's program helpd facilities comply with OSHA's HAZWOPER regulation (29 CFR 1910.120), summarizes the various aspects of the Plan, and how the Plan helps to protect the health of anyone who regularly works around hazardous materials.

EN SP — Safety Video (25-30 min)

HAZWOPER Understanding Chemical Hazards

Part of the HAZWOPER Annual Retraining Series, introduces employees to chemical hazard regulations and provides training on the various types of hazardous chemicals found in industrial environments.

EN SP — Safety Video (20-30 min)

HAZWOPER Understanding HAZWOPER

MARCOM's program helps facilities comply with OSHA's HAZWOPER regulation (29 CFR 1910.120). Explains the regulations and to help employees begin to reduce or eliminate potential exposure to hazardous materials in their work environments.

EN SP — Safety Video (25-30 min)

HAZWOPER Work Practices and Engineering Controls

MARCOM's program helps facilities comply with OSHA's HAZWOPER regulation (29 CFR 1910.120). Helps employees to understand the nature and behavior of hazardous chemicals, and how to reduce or eliminate potential exposure to hazardous materials.

EN SP — Safety Video (20-25 min)

Hearing Conservation and Safety

MARCOM's program on Hearing Conservation and Safety assists employers in complying with the OSHA standard while providing workers with the information they need to recognize and avoid noise hazards.

EN SP — Safety Video (10-20 min)

Heat Stress

MARCOM's program on Heat Stress reviews how heat affects the body, the steps employees can take to prevent heat stress, and elementary first aid that can be given to a worker who has been affected by a heat-related illness.

EN SP — Safety Video (10-20 min)

Heat Stress in Construction Environments

MARCOM's program on Heat Stress in Construction Environments reviews how heat affects the body, the steps employees can take to prevent heat stress, and elementary first aid that can be given to a worker who has been affected by a heat-related illness.

EN SP — Safety Video (10-20 min)

HIPAA Rules and Compliance

MARCOM's program on HIPAA Rules and Compliance defines HIPAA terms, explains the regulation and discusses what business entities and employees in healthcare-related fields need to do to comply with them.

EN — Safety Video (20-25 min)

Hot Work Safety and the Permitting Process

MARCOM's program on Hot Work Safety and the Permitting Process discusses the hazards encountered in hot work and focuses on how employees can use the permitting process and other safe practices to perform hot work tasks safely.

EN SP — Safety Video (15-20 min)

I2P2 – Injury and Illness Prevention Programs

MARCOM's program provides employees with important information on how this organized approach to workplace safety can significantly reduce accidents and injuries, and how the workers themselves can play a major role in making the program work.

EN SP — Safety Video (20-25 min)

Indoor Air Quality

MARCOM's program on Indoor Air Quality discusses the health hazards associated with contaminated indoor air, the most common contaminants, where they come from, and what employees can do to help keep the air in their workplace clean and healthy.

EN **SP** Safety Video (10-20 min)

Industrial Ergonomics

MARCOM's program on Industrial Ergonomics provides employees with the information they need to understand ergonomic hazards, recognize them in their workplace and know how to avoid them.

EN **SP** Safety Video (10-20 min)

Industrial Fire Prevention

MARCOM's program on Industrial Fire Prevention looks at what causes industrial fires, and what can be done to prevent them as well as what employees should do in case of a fire emergency.

EN **SP** Safety Video (10-20 min)

Introduction to GHS

MARCOM's program on the Introduction to GHS reviews what the Globally Harmonized System is all about, why OSHA adopted the GHS, and the phase-in dates for implementing the GHS.

EN **SP** Safety Video (20-25 min)

Introduction to GHS for Construction Workers

MARCOM's program on the Introduction to GHS for Construction Workers reviews what the Globally Harmonized System is all about, why OSHA adopted the GHS, and the phase-in dates for implementing the GHS.

EN **SP** Safety Video (20-25 min)

Introduction to OSHA

MARCOM's program on Introduction to OSHA discusses the rights and responsibilities employees and employers have under OSHA and how the agency enforces its regulations.

EN Safety Video (20-25 min)

Laboratory Ergonomics

MARCOM's Laboratory Ergonomics program discusses the need to set up work areas correctly, as well as how to minimize the strain of using laboratory equipment, tools and instruments.

EN Safety Video (10-20 min)

Laboratory Hoods

MARCOM's Laboratory Hoods program emphasizes how to properly use laboratory hoods and how to test them to ensure correct functioning as well as discusses how hoods can protect an experiment, the facility, and most importantly, the employee.

EN Safety Video (10-20 min)

Ladder Safety

MARCOM's program on Ladder Safety reminds employees not to take using ladders for granted, and to take the appropriate precautions when using ladders.

EN SP — Safety Video (10-20 min)

Ladder Safety in Construction Environments

MARCOM's program on Ladder Safety in Construction Environments reminds employees not to take using ladders for granted, and to take the appropriate precautions when using ladders.

EN SP — Safety Video (10-20 min)

Lead Exposure in Construction Environments

MARCOM's program on Lead Exposure in Construction Environments provides employees with the information they need to understand lead hazards and the safety regulations that address them.

EN SP — Safety Video (20-25 min)

Lead Exposure in General Industry

MARCOM's program created specifically for OSHA's Lead Standard (for General Industry), is designed for employees in general industry environments where lead and lead-based materials are found.

EN SP — Safety Video (20-25 min)

Lock-Out/Tag-Out

MARCOM's program on Lock-Out/Tag-Out provides employees with the information they need to avoid energy-related hazards, while at the same time helping employers meet OSHA training requirements.

EN SP — Safety Video (20-25 min)

Machine Guard Safety

MARCOM's program on Machine Guard Safety is designed to provide employees with a thorough understanding of the machinery hazards that they may face, as well as how to avoid these hazards.

EN SP — Safety Video (15-20 min)

Materials Handling Safety

MARCOM's program on Materials Handling Safety provides the information employees need to work safely when handling and moving various types of materials.

EN SP — Safety Video (10-20 min)

Office Ergonomics

MARCOM's program on Office Ergonomics addresses ergonomic problems as well as potential adverse effects and pragmatic solutions to these problems in an office environment.

EN SP — Safety Video (10-20 min)

Office Safety

MARCOM's program on Office Safety shows employees that hazards really do exist in an office environment, and how important it is to use good safety practices as they go about their work.

EN SP — Safety Video (10-20 min)

Orientation to Laboratory Safety

MARCOM's Orientation to Laboratory Safety program shows both new employees and seasoned veterans the importance of safety in the laboratory as well as reviews the OSHA regulations and good safety practices that apply to the laboratory environment.

EN — Safety Video (10-20 min)

OSHA Formaldehyde Standard

MARCOM's The OSHA Formaldehyde Standard program provides training that is required by this standard, and focuses on the rules and procedures that the standard establishes for working with this potentially dangerous chemical.

EN Safety Video (10-20 min)

OSHA Recordkeeping for Employees

MARCOM's program helps facilities comply with OSHA's Recordkeeping regulation (29 CFR Part 1904). It shows employees actual workplace incidents that demonstrate how to report accidents and what information they need to furnish.

EN SP Safety Video (15-20 min)

OSHA Recordkeeping for Managers and Supervisors

MARCOM's program helps facilities comply with OSHA's Recordkeeping regulation (29 CFR Part 1904). Covers workplace incidents that demonstrate a manager's responsibilities in documenting and reporting recordable accidents.

EN SP Safety Video (20-25 min)

Personal Protective Equipment

MARCOM's program explains the proper use of personal protective equipment and to help facilities in fulfilling OSHA's Personal Protective Equipment Standards (29 CFR,1910. 132, 133, 134,135,136,137,138) training requirements.

EN SP Safety Video (25-30 min)

Personal Protective Equipment in Construction Environments

MARCOM's program for Construction Environments helps employers in the construction industry meet OSHA requirements. It provides construction workers with the information they need to avoid injury on the job site by using appropriate PPE.

EN SP Safety Video (10-20 min)

Planning for Laboratory Emergencies

MARCOM's program on Planning for Laboratory Emergencies discusses how to minimize damage and prevent injuries if an emergency should occur.

EN Safety Video (10-20 min)

Preventing Contamination in the Laboratory

MARCOM's program on Preventing Contamination in the Laboratory emphasizes the need to recognize situations that could lead to contamination, and discusses what can be done to prevent contamination from occurring.

EN Safety Video (10-20 min)

Preventing Sexual Harassment for Employees

MARCOM's program on Preventing Sexual Harassment for Employees provides employees with the information they need to help prevent sexual harassment in their workplace, and deal with it effectively if it does occur.

EN SP Safety Video (10-20 min)

Preventing Sexual Harassment for Managers and Supervisors

MARCOM's program provides managers with the information they need to identify situations that could lead to sexual harassment, help prevent harassment in their departments, and deal with it effectively if it does occur.

EN SP — Safety Video (10-20 min)

Preventing Workplace Discrimination for Employees

MARCOM's program on Preventing Workplace Discrimination for Employees discusses different types of discriminatory behavior, its causes and what employees can do prevent it in their workplace

EN — Safety Video (10-20 min)

Respiratory Protection and Safety

MARCOM's program provides employees with important information needed in order to understand the risks associated with airborne contaminants and helps facilities in complying with requirements of the OSHA Respiratory Standard.

EN SP — Safety Video (20-25 min)

Rigging Safety

MARCOM's program on Rigging Safety is designed to remind employees that over 90% of crane-related accidents are caused by human error and that they are the key to preventing these incidents.

EN SP — Safety Video (10-20 min)

Rigging Safety in Construction Environments

MARCOM's program on Rigging Safety in Construction Environments is designed to remind employees that over 90% of crane-related accidents are caused by human error and that they are the key to preventing these incidents.

EN SP — Safety Video (10-20 min)

Safe Handling of Laboratory Glassware

MARCOM's program on Safe Handling of Laboratory Glassware discusses the nature of various types of glassware, and the problems it can cause as well as the need for employees to use and maintain laboratory glassware safely.

EN — Safety Video (10-20 min)

Safe Lifting

MARCOM's program on Safe Lifting provides the information employees need to protect their backs when they are lifting and carrying.

EN SP — Safety Video (10-20 min)

Safe Lifting in Construction Environments

MARCOM's program on Safe Lifting in Construction Environments provides the information employees need to protect their backs when they are lifting and carrying.

EN SP — Safety Video (10-20 min)

Safety Audits

MARCOM's program on Safety Audits provides employees with an understanding of the goals and procedures that are involved in a safety audit, shows them how they can help in the audit process and describes specific safe work practices.

EN **SP** ▶ Safety Video (10-20 min)

Safety Awareness for New Employees

MARCOM's program on Safety Awareness for New Employees addresses many of the most important safety issues confronting employees, so new hires can start working safely right away.

EN **SP** ▶ Safety Video (30-35 min)

Safety Housekeeping & Accident Prevention

MARCOM's program on Safety Housekeeping and Accident Prevention provides workers with the information they need to recognize on-the-job hazards and explains how they can prevent them.

EN **SP** ▶ Safety Video (10-20 min)

Safety Orientation

MARCOM's program on Safety Orientation discusses common hazards that can be encountered on a job site and the safe practices and equipment that workers can use to avoid injuries.

EN **SP** ▶ Safety Video (10-20 min)

Safety Orientation in Construction Environments

MARCOM's program on Safety Orientation in Construction Environments discusses common hazards that can be encountered on a job site and the safe practices and equipment that workers can use to avoid injuries.

EN **SP** ▶ Safety Video (10-20 min)

Safety Showers & Eye Washes

MARCOM's program on Safety Showers and Eye Washes reviews situations where safety showers and eye washes should be used, as well as how to use them properly.

EN **SP** ▶ Safety Video (10-20 min)

Safety Showers & Eye Washes in the Laboratory

MARCOM's program on Safety Showers and Eye Washes in the Laboratory reviews the correct ways to use this equipment, and emphasizes the need for quick action after a chemical splash or spill.

EN ▶ Safety Video (10-20 min)

Scissor Lifts in Industrial and Construction Environments

MARCOM's program introduces employees to scissor lifts, make them aware of the hazards associated with these lifts and give them the information they need to work safely using a scissor lift or working near one.

EN **SP** ▶ Safety Video (10-20 min)

Silica Safety in Industrial and Construction Environments

MARCOM's program explains the hazards that are associated with silica dust, reviews the OSHA standards for industry and construction, and shows employees what they can do to protect themselves from silica dust on the job.

EN SP ▷ Safety Video (15-20 min)

Slips, Trips & Falls

MARCOM's program on Slips, Trips and Falls shows employees the situations that can lead to slips, trips and falls, and what they can do to avoid or prevent these accidents.

EN SP ▷ Safety Video (10-20 min)

Slips, Trips and Falls in Construction Environments

MARCOM's program on Slips, Trips and Falls in Construction Environments shows employees the situations that can lead to slips, trips & falls in construction environments, and what they can do to avoid or prevent these accidents.

EN SP ▷ Safety Video (10-20 min)

Struck-By Hazards in Construction Environments

MARCOM's program on Struck-By Hazards in Construction Environments provides the information employees need to recognize the struck-by hazards that are associated with construction tasks and take steps to avoid them before accidents happen.

EN SP ▷ Safety Video (15-20 min)

Supported Scaffolding Safety

MARCOM's program helps facilities comply with OSHA's Scaffolding regulation (29 CFR 1926.451). Explains the dangers, and how to minimize risks by knowing the correct ways to erect, maintain and use scaffolding equipment.

EN SP ▷ Safety Video (10-20 min)

Supported Scaffolding Safety in Construction Environments

MARCOM's program helps facilities with construction environments comply with OSHA's Scaffolding regulation (29 CFR 1926.451). Explains the dangers, and how to minimize risks by knowing the correct ways to erect, maintain and use scaffolding equipment.

EN SP ▷ Safety Video (20-30 min)

Suspended Scaffolding Safety

MARCOM's program helps facilities comply with OSHA's Scaffolding regulation (29 CFR 1926.451). Explains the dangers of suspended scaffolds, and how to minimize risks by knowing the correct ways to erect, maintain and use scaffolding equipment.

EN SP ▷ Safety Video (10-20 min)

Suspended Scaffolding Safety in Construction Environments

MARCOM's program helps facilities with construction environments comply with OSHA's Scaffolding regulation (29 CFR 1926.451). Explains the dangers, and how to minimize risks by knowing the correct ways to erect, maintain and use scaffolding equipment.

EN SP ▷ Safety Video (20-25 min)

Trenching & Shoring Safety in Construction Environments

MARCOM's program on Trenching & Shoring Safety in Construction Environments helps facilities comply with OSHA's regulations and safe work practices that can prevent accidents from occurring.

EN **SP**   ▷ Safety Video (20-25 min)

Tuberculosis in Healthcare Environments

MARCOM's program assists healthcare employees by providing them with the latest information on the tuberculosis threat, the infection hazards they may encounter in their job and the steps they can take to avoid them.

EN **SP**   ▷ Safety Video (20-25 min)

Using Fire Extinguishers

MARCOM's program on Using Fire Extinguishers looks at different types of fires, discusses how they should be put out, and explains how employees can use extinguishers effectively and safely if a fire emergency occurs.

EN **SP**   ▷ Safety Video (10-20 min)

Walking and Working Surfaces

MARCOM's program on Walking and Working Surfaces training identifies the hazards of different surfaces and provides the practical information and specific procedures employees need to help prevent slips, trips and falls on the job.

EN **SP**   ▷ Safety Video (15-20 min)

Walking and Working Surfaces in Construction Environments

MARCOM's program identifies the hazards of different surfaces and provides the practical information and specific procedures employees need to help prevent slips, trips and falls on the job.

EN **SP**   ▷ Safety Video (15-20 min)

Warehouse Safety

MARCOM's program on Warehouse Safety helps employees to stay safe by identifying the specific hazards they can encounter while working in a warehouse, and providing them with the practical procedures that they can use to avoid them.

EN **SP**   ▷ Safety Video (15-20 min)

Welding Safety

MARCOM's program on Welding Safety reminds employees that there are a number of hazards associated with welding and cutting tasks, and explains the equipment and safe practices employees can use to avoid them.

EN **SP**   ▷ Safety Video (10-20 min)

Winter Safety

MARCOM's Winter Safety program shows employees how to plan ahead, look for potential hazards and avoid dangerous situations that occur during the winter holiday season.

EN **SP**   ▷ Safety Video (10-20 min)

Workplace Harassment in Industrial Facilities

MARCOM's program discusses the various types of harassment that are found in the workplace, how they can affect an employee's work situation and what employees themselves can do to help prevent workplace harassment.

EN **SP** ▶️ Safety Video
(10-20 min)

Workplace Harassment in the Office

MARCOM's program discusses the various types of harassment that are found in the workplace, how they can affect an employee's work situation and what employees themselves can do to help prevent workplace harassment.

EN **SP** ▶️ Safety Video
(10-20 min)

Workplace Stress

MARCOM's Workplace Stress program helps employees identify potentially stressful situations and learn how to cope with them.

EN **SP** ▶️ Safety Video
(10-20 min)

Workplace Violence

MARCOM's program on Workplace Violence products discusses how employees can help to prevent violence in their facilities and respond safely if aggression takes place.

EN **SP** ▶️ Safety Video
(10-15 min)

Mariposa Courses

Advance Care Planning – Building on Advance Directives

Explore Advance Care Planning including life care and quality of life planning. Practical guidance and tools provided to facilitate Advance Care Planning conversations and discussion of barriers and solutions. 1 CEU

EN 🖥️ Online
(60 min)

Advance Directives

Discusses how Advance Directives provide legal documentation of the health care wishes of residents and how they ensure health care choices are given voice in the event that resident becomes unable to express them. 1 CEU

EN 🖥️ Online
(60 min)

Advocacy – Beyond Resident Rights

Explores ways in which healthcare professionals can expand advocacy efforts to not only safeguard the rights of residents, but truly enhance the quality of their lives. 1 CEU

EN 🖥️ Online
(60 min)

Ancillary Services – Guidelines for Healthcare Providers

Access to ancillary services may significantly impact the overall quality of life of residents - enabling function, emotional support, and the ability to engage in the life of the facility to the greatest extent possible. 1 CEU

EN 🖥️ Online
(60 min)

Behavior Management - Using Root Cause Analysis to Determine Underlying Motivations

Challenging behaviors among residents with dementia and delirium are simply their way of communicating that they are in pain, frightened, hungry, or unmet need. This course focuses on what the behavior is attempting to communicate. 1 CEU

EN — Online (60 min)

Capacity Versus Competency

Staff need to differentiate between competence and capacity and to apply it on a daily basis. This course provides the knowledge, skills and abilities necessary to make informed decisions concerning the competence and capacity of residents. 1 CEU

EN — Online (60 min)

Census Challenges - Creative Approaches to Optimizing Census!

During these times, we seek to intensify our marketing and outreach efforts in order to drive census. The question that we must be able to answer however, is how effective are our marketing and outreach strategies within the market place. 1 CEU

EN — Online (60 min)

Communication - Powerful Tools for Communicating with Residents with Dementia and/or Delirium

This webinar will help you better understand how your residents, interpret both verbal and (of greater importance) non-verbal communication and introduce several powerful communication techniques effective with cognitive impairment. 1 CEU

EN — Online (60 min)

Creating a 4 Star Dining Experience - Nutrition, Hydration and the Resident with Cognitive Impairment

To create a truly successful dining experience requires that a process approach is embraced, including the social and sensory aspects of the mealtime experience - rather than only the nutritional aspects. 1 CEU

EN — Online (60 min)

Creating a Successful Technology-Based Brain Fitness Program for Older Adults

This seminar addresses how to successfully implement a computer-based brain fitness program, for widespread use by residents in a senior living environment. 1 CEU

EN — Online (60 min)

Cultural Diversity - Supporting Culturally Diverse Residents

As a multicultural society, we have come to embrace cultural diversity and to celebrate the rich traditions this diversity brings. Discusses recognizing, embracing and responding to the cultural diversity of the ever-changing resident population. 1 CEU

EN — Online (60 min)

Culture Change: Understanding the Quality of Life Domains

Embracing the key elements of culture change will enhance the quality of life of our residents, the happiness of our staff AND help to ensure successful survey outcomes by meeting surveyor expectations related to culture change. 1 CEU

EN — Online (60 min)

Dealing with Death and Dying - Implications for the Care Provider

As care providers, we strive to develop relationships with our residents - and to come to know our residents as individuals. How then, do we deal with the inevitable grief that accompanies the death of those we have come to care for? 1 CEU

EN   Online (60 min)

Dementia and Delirium - Diagnosis, Misdiagnosis and What We Need to Know

As health care providers, we are often called upon to differentiate between dementia and delirium. This course covers how to identify and accurately differentiate between dementia and delirium. 1 CEU

EN   Online (60 min)

Discharge Planning - Guidelines for Care Providers

Discusses discharge planning with a focus on balancing the goals and rights of the resident, and the desire of the IDT to ensure that residents have the support and resources necessary for a safe discharge. 1 CEU

EN   Online (60 min)

Dynamic Volunteers - Building a Successful Volunteer Program

Building a dynamic volunteer program is a challenge to all facilities. The benefits are numerous and justify the investment of time and effort on the part of the volunteer coordinator. 1 CEU

EN   Online (60 min)

Effective Time Management

This course discusses effective time management strategies to empower us to use time effectively, accomplish more, often in less time and with less effort! 1 CEU

EN   Online (60 min)

Elopement Prevention – 10 Strategies for Preventing Wandering and Elopement

This course provides facility staff with the knowledge, skills and abilities to reduce the potential for unsafe wandering and elopement among cognitively impaired residents. 1 CEU

EN   Online (60 min)

Enabling Freedom - The Role of the Prosthetic Environment in the Care of Residents with Dementia and Delirium

This course discusses how attending to environmental clues, we may support functional independence, mobility, perceived control, perceived security, and even cognitive functioning. Resulting in injury, mood and behavior problem reduction. 1 CEU

EN   Online (60 min)

Fall Management - A Guide for Health Care Providers

This course covers how to reduce the chance that an at-risk resident will fall, and what we can do to reduce fall related injuries. 1 CEU

EN   Online (60 min)

Fall Prevention – Top 10 Tips for Reducing Fall Related Injuries

Within this course, participants will learn how to identify factors which increase a residents risk for falls, as well as strategies for reducing falls and fall related injuries. 1 CEU

EN   Online (60 min)

Family Support – Helping Residents and Families Remain Connected

This course covers ways to engage supportive family members in the lives of the residents through family visits, gifts, outings, facility social programs and conscientious involvement in the Care Planning process. 1 CEU

EN   Online (60 min)

Grievances – Guidelines for Healthcare Providers

Grievances, complaints and concerns arise in even the best of facilities. It is how the facility responds and how empowered residents and their families feel following a grievance report that ultimately will define the quality of the facility. 1 CEU

EN   Online (60 min)

Improving Hand Hygiene in the Healthcare Setting

This course featuring Dr. Boyce, an internationally recognized expert on hand hygiene, covers the guidelines for hand hygiene, barriers to compliance and how can you be an ambassador for infection prevention in your office or facility. 1 CEU

EN   Online (60 min)

In Pursuit of Control – Autonomy, Self-Determination and the Empowered Resident

This course covers how to satisfy residents need to control their environment when they live within an environment which often limits the opportunity for choice. 1 CEU

EN   Online (60 min)

In Pursuit of Intimacy – Sexuality and the Aging Resident

Expressions of intimacy among nursing home residents - especially those with cognitive impairment and/or dementia are often ignored, responded to with prejudice or responded to with inconsistency due to lack of understanding. 1 CEU

EN   Online (60 min)

Interdisciplinary Care Planning

The Interdisciplinary Treatment Team (IDT) needs to view the Care Plan as a resident centered collaborative effort. Learn how to utilize the Care Plan, working together to enhance the care and quality of resident life. 1 CEU

EN   Online (60 min)

Litigation Risk for Skilled Nursing Facilities – Issues and Risk Management Strategies

This course educates facility staff about the issues increasingly relied upon by attorneys and government prosecutors seeking to file actions against providers for elder abuse and other tort claims under the federal false claims act. 1 CEU

EN   Online (60 min)

Managing the Survey Process - A Guide For Health Care Providers

This course covers how to adequately prepare for the survey, manage the survey, and accurately present the best of all that you do for your residents. 1 CEU

EN — Online (60 min)

Meaningful Engagement - Creating a Failure Free Activity Program

In an ideal world, the delivery of Activity programs and services would be based on the needs, interests, personal preferences and customary routines of our residents. True? Of course! But can this ideal become a reality? 1 CEU

EN — Online (60 min)

Medical Records Documentation - What to (and What NOT) to Document

Skilled medical records documentation will support the quality care that we provide. Incomplete, or inappropriate documentation may reduce reimbursement, precipitate survey deficiencies and may even result in substantial fines and penalties. 1 CEU

EN — Online (60 min)

Montessori Based Activity Programs and Services - An Emerging Best Practice

This course discusses how The Montessori method can afford individuals with dementia the opportunity to remain engaged in meaningful life activities at their highest level. 1 CEU

EN — Online (60 min)

Our Angry Resident – Causes and Creative Approaches to Care

This course covers the challenges of patient anger and how to identify the causes or antecedents, in order to address the situation as well as to prevent, if possible, its reoccurrence. 1 CEU

EN — Online (60 min)

Person Directed Care - Beyond The Medical Model

This course covers and overview of Peron Directed Care. This model focuses on how staff can come to know their residents as individuals - and then utilize this understanding in the delivery of individualized, resident centered care. 1 CEU

EN — Online (60 min)

Preventing Abuse and Neglect - What We Need To Know

This course covers the various types of abuse and neglect, and how to define the process for mandated abuse reporting. The content of this class is appropriate for all who provide care for at risk older adults. 1 CEU

EN — Online (60 min)

Resident Rights - A Guide for Practical Application

This course discusses the Resident Rights, and explores practical implications of these rights through guided discovery and the presentation of real life examples. 1 CEU

EN — Online (60 min)

Restraint Reduction - Behavioral Alternatives to Physical and Chemical Restraint

This course examines regulations related to restraints as well as provide powerful approaches for the care of our more challenging residents without the use of physical or chemical restraints. 1 CEU

EN   Online (60 min)

Sleep Disorders - Working with Sleep Disorders and the Elderly SNF Resident

This course reviews research findings, how to implement a treatment plan for sleep disorders and identify some of the challenges associated with establishing a successful sleep program within the SNF setting. 1 CEU

EN   Online (60 min)

Stress Management - Managing Stress and Preventing Staff Burnout!

This course covers stress, stress related injuries, staff burn out. Discusses ways to avoid and prevent staff and resident injuries to minimize skyrocketing Workers Compensation claims, costly staff turnover and retraining. 1 CEU

EN   Online (60 min)

Suicide and the Elderly - What Care Providers Need to Know

Elderly suicide is often triggered by the perceived loss of control over health conditions or financial circumstances. This course discusses the challenges, and opportunities for prevention, healthcare providers face. 1 CEU

EN   Online (60 min)

Supporting the Challenging Family

This course discusses how to manage a situation when family to move beyond resident support to micromanage resident care. 1 CEU

EN   Online (60 min)

Technology Today - Engaging our Residents with Today's Technology!

This course discusses ways to enhance the quality of life for residents through technology. 1 CEU

EN   Online (60 min)

The Invisible Resident - Re-engaging the Disassociated Resident

This course discusses ways to engage a disassociated resident and find opportunities for meaningful engagement in personally satisfying activities and experiences. 1 CEU

EN   Online (60 min)

Transfer Trauma (Relocation Stress Syndrome) - Implications for Room Changes and Resident Relocation

This course discusses the stress from resident relocation. Whether the relocation involves moving into a nursing home or a just to a new room, the implications upon physical and cognitive functioning and psychosocial well-being may be devastating. 1 CEU

EN   Online (60 min)

Uncovering Your Creativity - A primer on creativity and critical thinking in the workplace – Part 1

This course discusses the ability to identify unique approaches to never been seen before challenges – and to see them as opportunities for growth, requires both creative and critical thinking skills. This is a two-part course. 1 CEU

EN — Online (60 min)

Uncovering Your Creativity - A Primer on Creativity and Critical Thinking in the Workplace – Part 2

PART 2: This course enables participants to develop the knowledge, skills and abilities to utilize both creativity and critical thinking skills as they strive to enhance the quality of their resident's lives. 1 CEU

EN — Online (60 min)

Understanding Mental Illness

This course provides an overview of the challenges with the increasing number of residents diagnosed with mental illnesses and how to adequately prepared for these residents. 1 CEU

EN — Online (60 min)

Understanding Psychotropic Medication - A Guide for Social Services and Activities

This course is an overview of the types, classifications and indications of psychotropic medications as well as potential side effects. Geared towards Social Services and Activity staff, but beneficial for all care providers. 1 CEU

EN — Online (60 min)

Understanding the Psychosocial Needs of Our Younger Residents

Skilled Nursing Facilities throughout the United States are experiencing a significant increase in the number of younger residents they are caring for. These residents present both challenges as well as opportunities. 1 CEU

EN — Online (60 min)

Who Are The Elderly - Dispelling Myths and Misconceptions

This course reviews long held myths and misconceptions of the elderly and will illuminate many commonly held belief systems concerning our elderly residents and provide accurate information which may then be applied to the delivery of care. 1 CEU

EN — Online (60 min)

About KPA

KPA provides Environment, Health & Safety (EHS), and Workforce Compliance software and services for a wide range of businesses. KPA solutions help clients identify, remedy, and prevent workplace safety and compliance problems across their entire enterprise.

The combination of KPA's software, EHS consulting services, and award-winning training content helps organizations minimize risk so they can focus on what's important—their core business. For over 30 years, KPA has helped 10,000 + clients achieve regulatory compliance, protect assets, and retain top talent.

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Risk Management Center